



SOUTHMORELAND SENIOR HIGH SCHOOL MAIN LINE MENU APRIL 2024

Breakfast Offered Daily :
Available in the Café and Downstairs Main Entrance.
2nd Chance service is available in the upstairs annex between periods.

Breakfast Meal includes:
Choice of Entrée, Fruit /Juice & Milk

Breakfast Prices:
Statewide FREE Breakfast
Adults—\$2.40

Lunch meal includes 1 entrée (bread & protein), 1-2 vegetables*, 1-2 different fruits* & choice of milk (1 % white, 1% chocolate or fat free).
*You must select 1 fruit or veggie with your meal.
Daily fruits & veg sides may include seasonal fresh fruit, side salad, fresh veggie cups, chilled/canned/frozen fruits, 100% fruit juice variety(limit 1) or 100% vegetable juice.

WE ARE HIRING, CONTACT US TODAY!

Lunch Prices
Free/Reduced Students—\$0.00
Paid Students—\$2.50
Adult—\$4.75

| Date | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------|--|---|---|--|--|
| Apr. 1-5 | SPRING BREAK | Meatball Hoagie Melt Seasoned Green Beans Sunset Sip V-Juice Diced Peaches Orange Wedges | Boneless Wings w/Dipping Sauce Sweet Potato Waffle Fries Side Garden Salad Pineapple Chunks Blue Raspberry Applesauce | Macaroni & Cheese w/Garlic Breadstick Seasoned Broccoli Cucumber Slices Fresh Apples Diced Pears | Six Pierogies w/Caramelized Onions Peas & Carrots Celery Sticks Mixed Fruit Fresh Banana |
| Apr. 8-12 | Italian Panini Oven Baked Fries Celery Sticks Orange Wedges Apple Chips | French Toast Sticks w/Syrup Turkey Sausage Patties Hash Brown Rounds Cherry Star V-Juice Diced Pears Watermelon Applesauce | Orange Chicken w/Brown Rice Seasoned Broccoli Dragon V-Juice Pineapple Chunks Diced Peaches | “Chipotle Style” Steak Bowl w/Cilantro Lime Rice Seasoned Corn Baby Carrots w/Ranch Mixed Fruit Cup Apple Slices | Chicken Parmesan w/Side of Rotini & Marinara Seasoned Green Beans Side Garden Salad Cinnamon Applesauce Fresh Banana |
| Apr. 15-19 | Texas Toast Grilled Cheese & Tomato Soup Oven Baked Fries Side Garden Salad Mixed Berry Applesauce Juice Variety | Beef & Cheese Burrito <u>Cond: Lettuce, Salsa, Sour Cream</u> Buttered Corn Seasoned Black Beans Diced Pears Mixed Fruit | BBQ Rib on Deli Roll Vegetarian Baked Beans Baby Carrots w/Ranch Orange Wedges Diced Peaches | General Tso Chicken w/Fried Rice Seasoned Broccoli Sunset Sip V-Juice Mandarin Oranges Juice Variety | Breaded Mozzarella Sticks w/Marinara Sauce Seasoned Peas Bell Pepper Medley Fresh Banana Cinnamon Applesauce |
| Apr. 22-26 | Buffalo Chicken Dip w/Tortilla Chips Seasoned Green Beans Bell Pepper Medley Apple Slices Diced Pears | Teriyaki Chicken w/Brown Rice Seasoned Broccoli Dragon V-Juice Mixed Fruit Mandarin Oranges | DORITOS Walking Taco w/Cinnamon Sugar Churro Corn & Black Beans Cucumber & Tomato Salad Apple Slices Peach Applesauce | Beef & Cheese Lasagna w/Garlic Breadstick Peas & Carrots Side Garden Salad Diced Pears Fresh Apples | Bosco Sticks w/Marinara Oven Baked Fries Celery Sticks Applesauce Fresh Banana |
| Apr. 29-30 | Pancakes w/Syrup Cheesy Scrambled Eggs Mini Hash Brown Rounds Cherry Star V-Juice Peach Applesauce Fresh Banana | Beef & Cheese Nachos <u>Cond: Lettuce, Salsa, Sour Cream</u> Cheesy Refried Beans Baby Carrots w/Ranch Mixed Fruit Orange Wedges | <p>GUESS WHAT? IT'S GONNA BE MAY!</p> | <p>NATIONAL BURGER DAY May 28</p> | PROMOTIONS IN MAY! MAY 3 SCHOOL LUNCH HERO DAY MAY 16 NATIONAL BBQ DAY MAY 28 NATIONAL BURGER DAY |

Grab & Go Options!
Entrée Salads
Fresh-made Hoagies & Sandwiches,
Assorted Wraps, Bento Meal Boxes,
PB&J Uncrustables Meal Boxes,
& Fruit & Yogurt Parfaits

All menu items subject to change.

Snack Shack!
Smart Snack foods & beverages are available daily for purchase. Students must have funds in their account to purchase a la carte items.

Pizza Bar (Cheese & Pepperoni available daily)
Specialty features may include:
Bosco Sticks, Assorted Flatbread Pizza, Assorted French Bread Pizza, Max Pizza Sticks, Mexican Pizza, Calzones, Stromboli & Stuffed Crust Pizza

Grille Features
Chicken Fillet Sandwich, Spicy Chicken Patty Sandwich & Cheeseburger (available daily)
Specialty features may include:
Pizza Crunchers, Rich-Fil-A Dill Chicken Sandwich, Loaded Fries, Tasty Breaded Mozz Sticks & Mini Corn Dogs

Balances carryover from year to year & school to school. Parents are responsible for student account debt. Visit www.schoolcafe.com to register an account and track your student(s) funds.

No fee, unless making an on-line payment. Parents: If you did not receive a new direct certification or free or reduced approval letter, you may wish to complete a Free/Reduced application as it may benefit your household.

Visit www.southmoreland.net and click on the Food Service Tab for more details about Food & Nutrition Services (including charge policy) or contact **Zachary Malavite, Food Service Director** or **Amy Yezek, Admin. Assistant:**
724-887-2015 E-mail: malavitez@southmoreland.net
Bonnie Wilttrout, HS Head Cook 724-887-2047