Breakfast Prices: All meals to Students are FREE Adult \$ 2.40

Breakfast includes: Featured entré or alternates w/fruit or juice & milk choices

Lunch Prices: All meals to Students are FREE Adult \$4.75

Also available for lunch: PB & J Triangles (Beginning Sept 5



Students may have all 5 components listed However at a minimum 3 must be taken an 1 item must be a vegetable or a fruit. A maximum reimbursable student lunch includes all of the following: 1 entrée with grain/bread item, up to 2 different vegetables, 1 fruit & 1 mil

Find menus, nutritional details & specia dietary requests on our website: http://southmoreland.net/domain/22 WE ARE HIRING, CONTACT US TODAY



Stalk us on social media platforms Facebook: Southmoreland Food Service Instagram: SouthmorelandHSFoodService

Cafeteria balances carry over each year. Parents are responsible for student debt. V www.southmoreland.net and click on the Foo Service Tab for more details about Food & **Nutrition Services or contact** Zachary Malavite, Food Service Director o Amy Yezek, Admin Assistant. Phone: 724-887-2015 E-mail: malavitez@southmoreland.net or Deanna Sirgey, Head Cook



SOUTHMORELAND ELEMENTARY MENU APRIL 2024

Date	Monday	Tuesday	Wednesday	Thursday	Friday
Apr. 1-5	SPRING BREAK	Breakfast Warm Cinnamon Roll Lunch Chicken Nuggets & WG Roll or Yogurt Munchable Kit Mashed Potatoes & Gravy Fresh Cucumber Slices Cinnamon Applesauce or Diced Pears	Breakfast Mini Maple Pancakes Lunch Max Pizza Sticks w/Marinara or Yogurt Munchable Kit Side Garden Salad Cherry Star V-Juice Orange Wedges or Strawberry Applesauce	Breakfast Sunrise Smoothie & Granola Bar Lunch Mac & Cheese w/Dinner Roll or Yogurt Munchable Kit Vegetarian Baked Beans Fresh Broccoli & Tomatoes Mixed Berry Cup or Fresh Apple	Breakfast Sausage & Cheese on Biscuit Lunch Cheese Pizza Slice or Yogurt Munchable Kit Seasoned Peas & Carrots Celery Sticks Apple Juice or Mixed Fruit
Apr. 8-12	Breakfast Breakfast Pizza Lunch Chicken Patty on Bun Or Turkey Cheddar Wrap Oven Baked Fries Side Garden Salad Fresh Apple or Cinnamon Applesauce	Breakfast Glazed Donut Pull-a-part Lunch Orange Chicken w/Brown Rice Or Turkey Cheddar Wrap Seasoned Broccoli Dragon V-Juice Diced Pineapple or Peaches	Breakfast French Toast Sticks Lunch Cheeseburger on WG Bun Or Turkey Cheddar Wrap Vegetarian Baked Beans Cucumber Slices Fruit Punch or Apple Slices	Breakfast Donut Sticks Breakfast 4 Lunch Pancakes & Scrambled Eggs Or Turkey Cheddar Wrap Baked Tater Tots Cherry Star V-Juice Orange Wedges or Mixed Fruit Cup	Breakfast Egg & Cheese Biscuit Lunch Cheese Stromboli Or Turkey Cheddar Wrap Seasoned Peas & Carrots Celery Sticks w/Ranch Fresh Banana or Grape Juice
Apr. 15-19	Breakfast Banana Benefit Bar Lunch Turkey Pretzel Melt Or Pizza Munchable Kit Oven Baked Fries Side Garden Salad Grape Juice or Berry Applesauce	Breakfast Warm Cinnamon Roll Lunch Quesadilla w/Salsa Cond: Lettuce & Sour Cream Or Pizza Munchable Kit Seasoned Black Beans Bell Pepper & Corn Salad Diced Pears or Apple	Breakfast Cinnamon Crumb Cake Lunch Chicken Fries & Dipping Sauce WG Pretzel Or Pizza Munchable Kit Mashed Potatoes & Gravy Cherry Star Vegetable Juice Apple Slices or Diced Peaches	Breakfast Loaded Hashbrown Lunch BBQ Rib on Deli Roll Or Pizza Munchable Kit Seasoned Green Peans Baby Carrots w/Ranch Fruit Punch or Orange Wedges	Breakfast Pancake Sausage Flapstick Lunch Stuffed Crust Pizza Or Pizza Munchable Kit Seasoned Broccoli Bell Pepper Strips Fresh Banana or Cinnamon Applesauce
Apr. 22-26	Breakfast Breakfast Pizza Lunch Chicken Nuggets & WG Roll Or Scottie Sub Mashed Potatoes & Gravy Fresh Cucumber Slices Blue Raspberry Applesauce or Diced Peaches	Breakfast Warm Cinnamon Roll Lunch Cherry Blossom Chicken Bowl w/Brown Rice or Scottie Sub Seasoned Broccoli Dragon V-Juice Mixed Fruit or Orange Wedges	Breakfast Banana or Chocolate Bread Lunch Twisted Cheese Filled Breadstick w/Meatballs & Marinara Sauce Or Scottie Sub Smiley Fries Bell Pepper Strips Applesauce or Apple Juice	Breakfast Peachy Keen Cobbler Lunch Cheeseburger on Bun Or Scottie Sub Vegetarian Baked Beans Side Garden Salad Tomatoes & Cukes w/Ranch Fruit Punch or Strawberry Cup	Breakfast Whole Grain Goody Ring Lunch Tasty Breaded Mozz Sticks w/Marinara Sauce Or Scottie Sub Seasoned Peas & Carrots Cherry Star V-Juice Apple Slices or Diced Peaches
Apr. 29-30	Breakfast Mini Cinnamon Waffles Breakfast 4 Lunch Chicken Tenders w/Maple Belgian Waffle Or Peanut Butter Dip Fun Kit Mini Hash Brown Rounds Fresh Cucumber Slices Diced Peaches or Apple Juice	Breakfast Glazed Donut Hole Cup Lunch Mozzarella Pizza Crunchers Marinara Dipping Sauce Or Peanut Butter Dip Fun Kit Seasoned Green Beans Sunset Sip V-Juice Cinnamon Applesauce or Craisins	GUESS WHATE US CONNA GONNA TO S CONNA GONNA T	BURGER DAD	LOOK FORWARD TO THESE PROMOTIONS IN MAY! MAY 3 SCHOOL LUNCH HERO DAY MAY 16 NATIONAL BBQ DAY MAY 28 NATIONAL BURGER DAY