



SOUTHMORELAND SENIOR HIGH SCHOOL MAIN LINE MENU MAY 2024

Breakfast Offered Daily :
Available in the Café and Downstairs Main Entrance.
2nd Chance service is available in the upstairs annex between periods.


Breakfast Meal includes:
Choice of Entrée, Fruit /Juice & Milk

Breakfast Prices:
Statewide FREE Breakfast
Adults—\$2.40

Lunch meal includes 1 entrée (bread & protein), 1-2 vegetables*, 1-2 different fruits* & choice of milk (1 % white, 1% chocolate or fat free).
*You must select 1 fruit or veggie with your meal.
Daily fruits & veg sides may include seasonal fresh fruit, side salad, fresh veggie cups, chilled/canned/frozen fruits, 100% fruit juice variety(limit 1) or 100% vegetable juice.
WE ARE HIRING, CONTACT US TODAY!



Lunch Prices
Free/Reduced Students—\$0.00
Paid Students—\$2.50
Adult—\$4.75

Date	Monday	Tuesday	Wednesday	Thursday	Friday
May 1-3			Boneless Wings w/Dipping Sauce Sweet Potato Waffle Fries Side Garden Salad Pineapple Chunks Blue Raspberry Applesauce	Rotini w/Chicken Alfredo w/Garlic Breadstick Seasoned Broccoli Cucumber Slices Fresh Apples Diced Pears	In-Service Day No School
May 6-10	SCHOOL LUNCH HERO DAY Italian Panini Oven Baked Fries Celery Sticks Orange Wedges Cherry Iced	French Toast Sticks w/Syrup Turkey Sausage Patties Hash Brown Rounds Cherry Star V-Juice Diced Pears Watermelon Applesauce	Chinese Chicken Bowl w/Brown Rice Seasoned Broccoli Dragon V-Juice Pineapple Chunks Diced Peaches	DORITOS Walking Taco w/Cilantro Lime Rice Seasoned Corn Baby Carrots w/Ranch Mixed Fruit Cup Apple Slices	Chicken Parm Sandwich Seasoned Green Beans Side Garden Salad Cinnamon Applesauce Fresh Banana
May 13-17	Texas Toast Grilled Cheese Tomato Soup Oven Baked Fries Sunset Sip V-Juice Mixed Berry Applesauce Juice Variety	Beef & Cheese Nachos <u>Cond: Lettuce, Salsa, Sour Cream</u> Buttered Corn Seasoned Black Beans Diced Pears Mixed Fruit	Mozzarella Sticks w/Marinara Dip Seasoned Veg Medley Side Garden Salad Orange Wedges Diced Peaches	<u>Lunch—Nat'l BBQ Day</u> Pork BBQ Sandwich Side of Mac & Cheese Vegetarian Baked Beans Mixed Fruit or Cherry Iced	Turkey & Gravy over Mashed Potatoes w/Biscuit Seasoned Peas Bell Pepper Medley Fresh Banana Cinnamon Applesauce
May 20-24	Buffalo Chicken Dip w/Tortilla Chips Corn & Black Beans Bell Pepper Medley Apple Slices Diced Pears	Chinese Chicken Bowl w/Brown Rice Seasoned Broccoli Dragon V-Juice Mixed Fruit Mandarin Oranges	Breakfast Sandwich Hash Brown Rounds Cucumber Slices Apple Slices Peach Applesauce	Beef & Cheese Lasagna w/Garlic Breadstick Peas & Carrots Side Garden Salad Diced Pears Fresh Apples	Bosco Sticks w/Marinara Oven Baked Fries Celery Sticks Applesauce Fresh Banana
May 27-31	 <p>MEMORIAL DAY REMEMBER & HONOR</p>	<u>Lunch—Nat'l Burger Day</u> Bacon Cheeseburger <u>Cond: Lettuce, Tomato, Pickles</u> Oven Baked Spiral Fries Cucumber Slices w/Ranch Apple Juice or Orange Wedges	Chicken Tenders w/Maple Belgian Waffle Cherry Star V-Juice Cook's Choice Fruits & Veg	Hot Roast Beef Sandwich Mashed Potatoes Cook's Choice Fruits & Veg	Meatball Hoagie Melt Seasoned Green Beans Cook's Choice Fruits & Veg

Grab & Go Options!
Entrée Salads
Fresh-made Hoagies & Sandwiches,
Assorted Wraps, Bento Meal Boxes,
PB&J Uncrustables Meal Boxes,
& Fruit & Yogurt Parfaits

All menu items subject to change.

Snack Shack!
Smart Snack foods & beverages are available daily for purchase. Students must have funds in their account to purchase a la carte items.

Pizza Bar (Cheese & Pepperoni available daily)
Specialty features may include:
Bosco Sticks, Assorted Flatbread Pizza, Assorted French Bread Pizza, Max Pizza Sticks, Mexican Pizza, Calzones, Stromboli & Stuffed Crust Pizza

Grille Features
Chicken Fillet Sandwich, Spicy Chicken Patty Sandwich & Cheeseburger (available daily)
Specialty features may include:
Pizza Crunchers, Rich-Fil-A Dill Chicken Sandwich, Loaded Fries, Tasty Breaded Mozz Sticks & Mini Corn Dogs

Balances carryover from year to year & school to school. Parents are responsible for student account debt. Visit www.schoolcafe.com to register an account and track your student(s) funds.

No fee, unless making an on-line payment. Parents: If you did not receive a new direct certification or free or reduced approval letter, you may wish to complete a Free/Reduced application as it may benefit your household.

Visit www.southmoreland.net and click on the Food Service Tab for more details about Food & Nutrition Services (including charge policy) or contact **Zachary Malavite, Food Service Director** or **Amy Yezek, Admin. Assistant:**
724-887-2015 E-mail: malavitez@southmoreland.net
Bonnie Wilttrout, HS Head Cook 724-887-2047