



# SOUTHMORELAND ELEMENTARY MENU MAY 2024

Date	Monday	Tuesday	Wednesday	Thursday	Friday
May 1-3			<b>Breakfast</b> Mini Maple Pancakes <b>Lunch</b> Max Pizza Sticks w/Marinara Or Peanut Butter Dip Fun Kit Side Garden Salad Cherry Star V-Juice Orange Wedges or Strawberry Applesauce	<b>Breakfast</b> Sunrise Smoothie & Granola Bar <b>Lunch</b> Fish Sticks w/Side of Mac & Cheese Or Peanut Butter Dip Fun Kit Vegetarian Baked Beans Fresh Broccoli & Tomatoes Mixed Berry Cup or Fresh Apple	<b>In-Service Day No School</b>
May 6-10	<b>Breakfast</b> Breakfast Pizza <b>School Lunch Hero Day</b> Chicken Patty on Bun Or Turkey Cheddar Wrap Oven Baked Fries Side Garden Salad Fresh Apple or Cinnamon Applesauce	<b>Breakfast</b> Glazed Donut Pull-a-part <b>Lunch</b> Turkey & Gravy w/Mashed Potatoes & Stuffing Seasoned Green Beans Orange Wedges or Mixed Fruit Cup	<b>Breakfast</b> French Toast Sticks <b>Lunch</b> Cheeseburger on WG Bun Or Turkey Cheddar Wrap Loaded BBQ Baked Beans Cucumber Slices Fruit Punch or Apple Slices	<b>Breakfast</b> Donut Sticks <b>Lunch</b> Chinese Chicken w/Brown Rice Or Turkey Cheddar Wrap Seasoned Broccoli Dragon V-Juice Diced Pineapple or Peaches	<b>Breakfast</b> Egg & Cheese Biscuit <b>Lunch</b> Cheese Stromboli Or Turkey Cheddar Wrap Seasoned Peas & Carrots Celery Sticks w/Ranch Fresh Banana or Grape Juice
May 13-17	<b>Breakfast</b> Mini Cinnis <b>Lunch</b> Grilled Cheese w/Bacon Or Pizza Munchable Kit Oven Baked Fries Side Garden Salad Fruit Punch or Berry Applesauce	<b>Breakfast</b> Warm Cinnamon Roll <b>Lunch</b> Quesadilla w/Salsa <i>Cond: Lettuce &amp; Sour Cream</i> Or Pizza Munchable Kit Seasoned Black Beans Bell Pepper & Corn Salad Diced Pears or Apple	<b>Breakfast</b> Cinnamon Crumb Cake <b>Lunch</b> Chicken Fries & Dipping Sauce WG Pretzel Or Pizza Munchable Kit Mashed Potatoes & Gravy Cherry Star Vegetable Juice Apple Slices or Diced Peaches	<b>Breakfast</b> Mini Chocolate Donuts <b>Lunch—Nat'l BBQ Day</b> BBQ Rib on Deli Roll Or Pizza Munchable Kit Seasoned Green Beans Baby Carrots w/Ranch Fruit Punch or Orange Wedges	<b>Breakfast</b> Pancake Sausage Flapstick <b>Lunch</b> Stuffed Crust Pizza Or Pizza Munchable Kit Seasoned Broccoli Bell Pepper Strips Fresh Banana or Cinnamon Applesauce
May 20-24	<b>Breakfast</b> Breakfast Pizza <b>Lunch</b> Chicken Nuggets & WG Roll Or Scottie Sub Mashed Potatoes & Gravy Fresh Cucumber Slices Blue Raspberry Applesauce or Diced Peaches	<b>Breakfast</b> Warm Cinnamon Roll <b>Lunch</b> Bosco Sticks w/Marinara Dip or Scottie Sub Seasoned Broccoli Dragon V-Juice Mixed Fruit or Orange Wedges	<b>Breakfast</b> Banana or Chocolate Bread <b>Breakfast 4 Lunch</b> Ham, Egg & Cheese Sandwich Or Scottie Sub Smiley Fries Bell Pepper Strips Applesauce or Diced Pears	<b>Breakfast</b> Assorted Benefit Bars <b>Lunch</b> Meatball Hoagie on Deli Roll Or Scottie Sub Loaded BBQ Baked Beans Tomatoes & Cukes w/Ranch Fresh Apple or Strawberry Cup	<b>Breakfast</b> Omelet or Pancake Bowl <b>Fun Day Lunch</b> Chicken Patty, Hot Dog or PB Uncrustable  Bagged Lunch Includes: Baby Carrots w/Ranch, Fruit Punch, Apple Slices, Pretzels
May 27-31		<b>Breakfast</b> Glazed Donut Hole Cup <b>Lunch—Nat'l Burger Day</b> Cheeseburger Or Peanut Butter Dip Fun Kit Oven Baked Fries Sunset Sip V-Juice Cook's Choice Fruit & Veg	<b>Breakfast</b> Mini Cinnamon Waffles <b>Lunch</b> Rotini, Meat Sauce & Dinner Roll Or Peanut Butter Dip Fun Kit Seasoned Green Beans Apple Juice Cook's Choice Fruit & Veg	<b>Breakfast</b> Assorted Benefit Bars <b>Lunch</b> Nachos w/Beef & Cheese <i>Cond: Lettuce Salsa &amp; Sour Cream</i> Or Peanut Butter Dip Fun Kit Seasoned Corn Grape Juice Cook's Choice Fruit & Veg	<b>Breakfast</b> Whole Grain Goody Ring <b>Lunch—1st Grade MOVE UP</b> Mozzarella Pizza Crunchers w/Marinara Dip Or Peanut Butter Dip Fun Kit Seasoned Broccoli Cherry Star V-Juice Berry Applesauce or Orange Wedges



### Breakfast Prices:

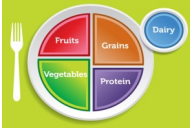
**All meals to Students are FREE**  
**Adult \$ 2.40**

Breakfast includes: Featured entrée or alternates w/fruit or juice & milk choices

### Lunch Prices:

**All meals to Students are FREE**  
**Adult \$4.75**

Also available for lunch:  
 PB & J Triangles (Beginning Sept 5)



Students may have all 5 components listed, However at a minimum 3 must be taken and

**1 item must be a vegetable or a fruit.**

A maximum reimbursable student lunch

includes all of the following:

1 entrée with grain/bread item,  
 up to 2 different vegetables, 1 fruit & 1 milk

**Find menus, nutritional details & special dietary requests on our website:**

<http://southmoreland.net/domain/22>

***WE ARE HIRING, CONTACT US TODAY!***



**Stalk us on social media platforms**

**Facebook: Southmoreland Food Service**

Cafeteria balances carry over each year. Parents are responsible for student debt. Visit [www.southmoreland.net](http://www.southmoreland.net) and click on the Food Service Tab for more details about Food & Nutrition Services or contact

Zachary Malavite, Food Service Director or Amy Yezek, Admin Assistant.

Phone: 724-887-2015

E-mail: [malavitez@southmoreland.net](mailto:malavitez@southmoreland.net)

or Deanna Sirgey, Head Cook